



Faith
and
Technology

Be Still....

Exciting Days – Full of Opportunity

Acts 17:26-27 “And he made from one man every nation of mankind to live on all the face of the earth, having determined allotted periods and the boundaries of their dwelling place, that they should seek God, and perhaps feel their way toward him and find him. Yet he is actually not far from each one of us”



Know our Intention

- avoid vilification of things
- stay well away from legalism with practices
- not avoid but honest engagement in biblical truth we can apply in our circumstances

Conviction

- James 1:5 “If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.”
- wisdom – knowledge rightly applied

1. Fearfully and Wonderfully Made

a) Created to have life rhythms

- eating, sleeping, family, work – balances
- given the creator's instructions – for our best

b) God is interactive with His creation

- redemptive with his children
- speaking, leading, protecting, guiding

c) Clear about listening, seeking Him, waiting on Him

Psalm 46:10 "Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!"

Lamentations 3:25-26 "The LORD is good to those who wait for him, to the soul who seeks him. It is good that one should wait quietly for the salvation of the LORD."

Isaiah 30:15 "For thus said the Lord God, the Holy One of Israel, "In returning and rest you shall be saved; in quietness and in trust shall be your strength."

2. Challenges in our Technological Days

- less room for silence, stillness, hearing God

a) Constant opportunity for stimulation

- ideas, games, challenges, news – available
- boredom, looking inward, processing harder

b) Ease of Distraction

- ignore others and reality by escaping into device
- constant choices to explore

c) Busy brain, accustomed to noise & background

- music, TV on, radio, no silence

- entertained, informed, opinions – easily had

3. Values our Culture Conveys

based on some truth yet distorted in practice

a) deserve to relax – be entertained

b) be more productive – be busy and engaged

c) don't miss out – explore, new is better, share this

d) reach your potential – more is better

4. Spiritual Truths to Keep in Mind

a) We Know the Father's Voice

John 10: *“Truly, truly, I say to you, he who does not enter the sheepfold by the door but climbs in by another way, that man is a thief and a robber. ² But he who enters by the door is the shepherd of the sheep. ³ To him the gatekeeper opens. The sheep hear his voice, and he calls his own sheep by name and leads them out. ⁴ When he has brought out all his own, he goes before them, and the sheep follow him, for they know his voice. ⁵ A stranger they will not follow, but they will flee from him, for they do not know the voice of strangers.”*

- 1 Kings 19:9-15, Elijah

b) example of Jesus

- Matthew 14:23 *“And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone,”*

- Mark 1:35 *“And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. ³⁶ And Simon and those who were with him searched for him, ³⁷ and they found him and said to him, “Everyone is looking for you.” ³⁸ And he said to them, “Let us go on to the next towns, that I may preach there also, for that is why I came out.”*

- Luke 4:42-43 *“And when it was day, he departed and went into a desolate place. And the people sought him and came to him, and would have kept him from leaving them, ⁴³ but he said to them, “I must preach the good news of the kingdom of God to the other towns as well; for I was sent for this purpose.”*

c) promise of the Holy Spirit

- John 14:25-27 *“These things I have spoken to you while I am still with you. ²⁶ But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.*

27 Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid”

- Holy Spirit guides, empowers, convicts, reveals
- We are created for relationship with God
- We know the voice of the Father – respond
- Scripture is clear about stillness, waiting on God
- Jesus set a clear example in meeting with God
- We have the Holy Spirit to lead us

5. Results of Developing this Practice

a) Wisdom

- clarity on choices we face, perspective

b) Warning

- exposes drift, see the lies, protects us

c) Convictions and Courage

- clarity, hope, trust

d) Participation

- Eph. 2:10 – “works prepared for us to participate in”

So What

1. Created to have Relationship
 - intentional in developing and growth
2. God speaks, we know His voice
 - create intentional space to hear & respond
3. Aware of how tech can interrupt those spaces
 - on guard against unhealthy practices
4. Practice as we approach communion