

# Talking & Walking

Church Speak – Prayer & Holiness

Learning How to Talk:

- express oneself
- communicate with others

Disciples – Teach us to pray

Matthew 6

# Talking & Walking

*And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men. I tell you the truth, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.*

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Jesus Begins with the Don't

- learn from the religious
- use prayer as a performance
- feel that you've earned an audience

Jesus then says Do:

- come in humility, glad to be with the father
- be sincere

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*"This, then, is how you should pray:*

*" 'Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done*

*on earth as it is in heaven.*

*Give us today our daily bread.*

*Forgive us our debts,*

*as we also have forgiven our debtors.*

*And lead us not into temptation,*

*but deliver us from the evil one.*

*For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.*

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## 1 Focus Upward

- “Our Father” - new reference to relationship
- Old Testament references to God - 'Yahweh'
- 7 indirect references to God as father in O.T.
- Over 70 times in gospels Jesus calls God, Father
- Family relationship - prayer is for children
- Prayer is directed to the source

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- 'hallowed be Your name'
- 'hallow', 'sanctify', 'to treat as holy'
  - Numbers 20:12 *"Because you did not trust in me enough to **honor me as holy** in the sight of the Israelites, you will not bring this community into the land I give them."*
  - Isaiah 8:12-23 *"Do not call conspiracy everything that these people call conspiracy; do not fear what they fear, and do not dread it. The Lord Almighty is the one you are **to regard as holy**. He is the one to fear, He is the one to dread"*

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- your name – family name, we bear the name

\*Thy Kingdom Come, Thy Will be done

- kingdom teaching – up is down, blessed are.....

- kingdom of God evidenced on earth

- Thy will be done:

- darkness & light

- submission to God's plan

- I will be used how you desire

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## 2. Focus Inward

a) Give us this day our daily bread:

- recognize our needs supplied
- reflects thankfulness for:

food, shelter, strength, job, resources

- when we recognize the source, hard to claim ownership and rights!



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b) Forgive us ..... As we forgive.....

- inward look at our sin – confession
- recognition of our relationship:
  - not earned
  - by Jesus alone – God did for us
- reflection of our Father in our lives – forgiving
- what forgiveness is and isn't .....
- essential truth

# Talking & Walking

So What

1. Talking with God is Learned & Developed
  - takes time, trial, energy – listening
2. Begin With a Focus Upward
  - perspective matters
3. Continue With a Focus Inward
  - I am willing to be changed, used, etc.