1. Only Possible from Right Perspective

"since what may be known about God is plain to them, because God has made it plain to them. For since the creation of the world God's invisible qualities – his eternal power and divine nature have been clearly seen, being understood from what has been made so that men are without excuse. For although they knew God, they neither glorified him as God nor gave thanks to him, but their foolish hearts were darkened. Although they claimed to be wise, they became fools..." Rom. 1:19-22

- God Was Evident
 - made it plain, creation, heart of man
- God Was Ignored
 - known & ignored, eternal power, divine nature
- Man Became Proud
 - I earned, I deserved, look at what I
- Confusion & Consequence
 - futile thinking, dark hearts, fools

2. Perspective Provides Posture

"Rejoice in the Lord always. I will say it again rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything by prayer and petition with thanksgiving, present your requests to God. And the peace of god which transcends all understanding will guard you hearts and minds in Christ Jesus." Phil 4:4-7

- Rejoice in the Lord
- Gentleness Evident to All
- Prayer & Petition

- Thanksgiving
- Peace

3. Thankful Hearts Glorify God

"Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs. Know that the Lord is God. It is he who made us, and we are his; we are his people the sheep of his pasture. Enter his gates with thanksgiving and his courts with praise; and give thanks to him and praise his name. For the Lord is good and his love endures forever; his faithfulness continues through all generations." Psalms 100

- focus on who God is
- focus on what God has done
- give thanks from hearts full of wonder & praise

So What

- 1. Perspective Check
 - am I clear on who God is, what He has done
- 2. Posture Check
 - is my understanding of God affecting my posture
- 3. Praise Response
 - I give thanks to God would he be glorified